Pamela’s online support groups and courses address concerns expressed to her by caregivers and aging adults who want:

- Positive family relationships
- Confidence to manage care and make the right decisions
- Better than average care
- Insights to take care of my family and me

The benefits of Pamela's online support groups and courses include:

- Practical information and education from a trusted and reputable source
- Emotional support and the ability to confide in a group setting with other caregivers who understand
- Gain information about practical caregiving skills
- Become a better advocate for loved ones by gaining confidence from shared experiences
- Reduce isolation, loneliness, stress, and increase positive feelings

More information can be found at: www.PamelaDWilson.com/caregiving-online-support-groups-and-courses

Pamela's hands-on experience as a court appointed guardian, medical and financial power of attorney, personal representative, trustee, care manager, and family caregiver is a rare find. She is an authentic, proven, and trusted source for caregiving information who truly cares about serving others.

Here's what family caregivers and industry professionals have to say:

“Having been in this field for 15 years, I can honestly say that there are a handful of honest, ethical, and candid providers and business owners. The care and time you give your clients is way above the norm and your love and passion for what you do shines very clearly through your business.” – L.L.

“Dear Pam and your wonderful team: Thank you for your fantastic work, and your compassionate heart. May God bless you, and give you the guidance to continue your wonderful work.” – J.W.

Contact Pamela To Learn More About Speaking and Online Support Groups & Courses

888-393-7754
www.PamelaDWilson.com

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Pamela’s “Hands-On” Experience Entertains and Enlightens Audiences

Pamela entertains and inspires audiences about the challenges of caregiving. Using proven strategies, story-telling, and humor she sets audiences at ease—even when speaking about difficult subjects.

Here’s a short list of popular topics:

- Why is Caregiving So Exhausting Even When You Love Your Aging Parent (or Other Family Member)
- How to Caregive Successfully Even When Men and Women Disagree
- The Truth About Power of Attorney: How to Avoid Mistakes and Get Better Care
- How to Avoid Nursing Homes: Proven Strategies to Keep Your Loved One at Home
- What to Do When Family Drives You Crazy: How to Survive Caregiving Drama and Chaos

For more information and additional speaking topics visit: www.PamelaDWilson.com/caregiving-speaker

Caring for aging parents and family members with declining health can stir up a range of feelings that include guilt, sadness, and exhaustion.

In The Caregiving Trap: Solutions for Life’s Unexpected Changes,® Pamela D. Wilson delivers solutions that will settle your emotions and help you make informed and intelligent decisions as a caregiver and on behalf of loved ones.

Through her heartfelt advice and extensive expertise, you will acquire knowledge and skills needed to navigate the caregiving journey with honesty, respect, and dignity.

The Caregiving Trap includes straightforward information and step-by-step exercises to help you:

- Recognize early signs that loved ones will require special care and advocacy
- Initiate conversations about sensitive mental and physical health issues
- Acknowledge the challenges caregiving brings to family interactions and relationships
- Gain awareness of the personal and financial obligations resulting from caregiving

For more information about Pamela’s book visit: www.TheCaregivingTrapBook.com