Pamela’s online support groups and courses address concerns expressed to her by caregivers and aging adults who want:

- Positive family relationships
- Confidence to manage care and make the right decisions
- Better than average care
- Insights to take care of my family and me

The benefits of Pamela’s online support groups and courses include:

- Practical information and education from a trusted and reputable source
- Emotional support and the ability to confide in a group setting with other caregivers who understand
- Gain information about practical caregiving skills
- Become a better advocate for loved ones by gaining confidence from shared experiences
- Reduce isolation, loneliness, stress, and increase positive feelings

More information can be found at: www.PamelaDWilson.com/caregiving-online-support-groups-and-courses

Pamela’s hands-on experience as a court appointed guardian, medical and financial power of attorney, personal representative, trustee, care manager, and family caregiver is a rare find. She is an authentic, proven, and trusted source for caregiving information who truly cares about serving others.

Here’s what family caregivers and industry professionals have to say:

“Having been in this field for 15 years, I can honestly say that there are a handful of honest, ethical, and candid providers and business owners. The care and time you give your clients is way above the norm and your love and passion for what you do shines very clearly through your business.” – L.L.

“Dear Pam and your wonderful team: Thank you for your fantastic work, and your compassionate heart. May God bless you, and give you the guidance to continue your wonderful work.” – J.W.

Contact Pamela
To Learn More About
Speaking and Online Support
Groups & Courses

303-810-1816
www.PamelaDWilson.com

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Pamela’s experience as a family and professional caregiver is unequaled and valuable. Her experience is broad and far reaching. After losing 50% of her immediate family (mother, father, sister, brother) she transformed her life to serve aging adults and family caregivers. For the past 20 years she has served as court appointed guardian, medical and financial power of attorney, personal representative, and care manager in one-to-one situations.

Today Pamela’s goal is to help aging adults and family caregivers become exceptional in all aspects of caregiving by offering online caregiving support, education, and courses. She is a fearless advocate for older adults.

**Pamela’s Core Beliefs:**

- Older Adults Deserve Care and Treatment
- Better Than Average Care Just Doesn’t Happen
- Caregiving Responsibilities Should be 50/50, Until . . .
- Caregiving Support and Courses Reduce Stress and Help Caregivers Gain Confidence

Pamela knows what can happen in caregiving situations that families haven’t yet thought about.

**www.PamelaDWilson.com**
303-810-1816

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**Pamela’s “Hands-On” Experience Entertains and Enlightens Audiences**

Pamela entertains and inspires audiences about the challenges of caregiving. Using proven strategies, story-telling, and humor she sets audiences at ease—even when speaking about difficult subjects.

**Here’s a short list of popular topics:**

- Why is Caregiving So Exhausting Even When You Love Your Aging Parent (or Other Family Member)
- How to Caregive Successfully Even When Men and Women Disagree
- The Truth About Power of Attorney: How to Avoid Mistakes and Get Better Care
- How to Avoid Nursing Homes: Proven Strategies to Keep Your Loved One at Home
- What to Do When Family Drives You Crazy: How to Survive Caregiving Drama and Chaos

For more information and additional speaking topics visit:

**www.PamelaDWilson.com/caregiving-speaker**

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Caring for aging parents and family members with declining health can stir up a range of feelings that include guilt, sadness, and exhaustion.

In *The Caregiving Trap: Solutions for Life’s Unexpected Changes,* Pamela D. Wilson delivers solutions that will settle your emotions and help you make informed and intelligent decisions as a caregiver and on behalf of loved ones.

Through her heartfelt advice and extensive expertise, you will acquire knowledge and skills needed to navigate the caregiving journey with honesty, respect, and dignity.

The Caregiving Trap includes straightforward information and step-by-step exercises to help you:

- Recognize early signs that loved ones will require special care and advocacy
- Initiate conversations about sensitive mental and physical health issues
- Acknowledge the challenges caregiving brings to family interactions and relationships
- Gain awareness of the personal and financial obligations resulting from caregiving

For more information about Pamela’s book visit:

**www.TheCaregivingTrapBook.com**