



Aurora Center for Active Adults
30 Del Mar Circle
Aurora, Colorado 80011
phone 303.739.7950

Worth Discovering • auroragov.org

11.1.2019

Recommendation Letter for Pamela Wilson

On Friday, October 11, 2019, the Aurora Center for Active Adults and the Aurora Commission for Seniors had the pleasure of including Pamela Wilson, Caregiving expert, as one of the speakers for the 2nd Annual Aurora Senior Forum.

I have had the pleasure of working with many experts in the Senior population and some of the brightest minds. Ms. Wilson ranks at the top of the list of speakers we have had at the ACAA. Her presentation on the topic of Caregiving was thorough, and her mastery of the subject matter was duly recognizable. More attendees have requested printed information from other presentations of Ms. Wilson's than other presentations delivered by any other speaker we have had at the ACAA. Ms. Wilson displayed deep professional expertise, and it showed.

Her presentation kicked off a full day of lively discussions among the attendees and exhibitors, and it provided valuable insight into the transformational nature of Caregiving nationwide.

Some comments that Aurora Senior Forum attendees shared in their survey responses include:

- Great information for those not familiar with the topic
- Speaker was informative and provided new insights on how to handle different caregiving situations.
- Speaker presented ideas for various caregiving levels

The most practical ideas gained from her presentation were:

- Reach out and get help – don't try doing it alone
- How to manage time for your needs

We recommend Ms. Wilson to any professional group seeking to educate and inspire its members and patrons about Caregiving.

Sincerely,

A handwritten signature in blue ink that reads "Ronald Roulhac". The signature is stylized and includes a long horizontal stroke that ends in a small arrowhead pointing to the right.

Ronald Roulhac
Center Supervisor
Aurora Center for Active Adults